

Grubmaster's Meal Competition: **Mystery Menu**

Teaching Goals

- Reinforce the importance of balanced menus
- Reinforce the importance of thriftiness through minimization of waste
- Encourage creative menu planning
- Reinforce colorful menu planning from the last competition

Before the trip

- Senior patrol leader chooses a "non-backpacking" camping trip for the competition
- Patrols do NOT do any menu planning before the camping trip.
- Each patrol provides the senior patrol leader the count of scouts attending the campout at the meeting before the campout
- The quartermaster plans for multiple cooking equipment options: dutch oven, grill, stove and griddle, etc. for each patrol
- The grub master purchases the same ingredients (which are not known to the scouts) for all patrols and divides it into quantities appropriate for each patrol

At the start of the camping trip

- All patrols are given their allotment of ingredients
- Each patrol is allowed 1 hour after arrival at camp to plan their menus for the weekend

Judging

- A scorecard is maintained by each patrol leader for the weekend and handed to the senior patrol leader at the end of the trip
- 10 points if all ingredients are included in the weekend menus
- Each meal receives
 - 1 point for each basic food group included in each meal
 - 1 point for creativity of each meal menu
 - 1 point for colorfulness of each meal
- 10 thrifty bonus points if no food is wasted and minimal amounts left-over or at the end of the trip
- The Big Kahuna patrol will act as judges and score patrols, but is otherwise not included in the competition.
- Final award decision will be made by the Scoutmaster

Award

The patrol with the highest score is invited to a dessert prepared by the Big Kahuna patrol at a future campout

Mystery Meal Scoring (one score in each box)		Possible Points	Chips			Cougars			Geeks			Panthers			Seniors		
			Sat Lunch	Sat Dinner	Sun Bfast	Sat Lunch	Sat Dinner	Sun Bfast	Sat Lunch	Sat Dinner	Sun Bfast	Sat Lunch	Sat Dinner	Sun Bfast	Sat Lunch	Sat Dinner	Sun Bfast
1	All ingredients are included in the planned weekend menus	10															
2	Includes all basic food groups																
	• carbohydrates/grains	1															
	• fruits/vegetable	1															
	• dairy, meats & protein	1															
	• fats & sugars	1															
3	Meal Menu Creativity	1															
4	Colorfulness	1															
Meal Subtotal																	
Thrifty Bonus (no wasted food, minimal left over at the end of the trip)		10															
Grand Total																	